

Below are the essential terms and conditions for a combined Yoga and Acupressure training center, suitable for inclusion in a catalogue or student handbook.

General Terms and Conditions for Enrollment

By enrolling in any course or program offered by the center, students agree to the following terms and conditions:

1. Admission and Eligibility

- **Application Process:** Admission is confirmed only after submitting the completed registration form and all required documentation (e.g., identification, academic records).
- **Age Requirement:** Participants in teacher training courses must typically be 18 years of age or older. For other general wellness courses, a minimum age may apply, or a parent/guardian must assume responsibility.
- **Health Disclosure:** Students must inform the center in writing about any physical or mental health issues, injuries, diseases, or pregnancy before booking a course. A physician's clearance is strongly recommended.

2. Fees and Payments

- **Payment Schedule:** All course fees must be paid in full before the course commencement, unless an installment plan is specifically agreed upon. Failure to pay fees by the due date may result in suspension from classes.
- **No Refund Policy:** Fees paid are generally non-refundable once the course starts, except if the institute cancels the program. In such cases, a full refund or course credit will be offered.
- **Additional Charges:** Students may incur additional costs for books, instruments, examination fees (charged by the accrediting body), or failed payments.

3. Attendance and Certification

- **Mandatory Attendance:** A minimum attendance record (typically 80% to 95%) is mandatory for all certification courses. Students with insufficient attendance may not be eligible to receive their final certificate.
- **Exams:** All theoretical and practical examinations at the end of the course are obligatory for receiving certification.
- **Certification:** Certificates are awarded by the relevant accrediting body (e.g., YOGA, Acupressure Council) after the successful completion of training and examinations.

4. Rules of Conduct and Discipline

- **Punctuality:** Students must arrive for all classes, workshops, and appointments at least five minutes early.
- **Dress Code:** Modest, clean, and appropriate attire (covering shoulders and knees) that allows for full range of movement must be worn at all times. Outdoor footwear is not permitted in practice areas.
- **Prohibited Items/Substances:** The use or possession of alcohol, tobacco, non-prescription drugs, and non-vegetarian food is strictly prohibited on the premises.
- **Behavior:** Students and clients must treat all teachers, staff, and fellow participants with respect and courtesy. Disruptive, abusive, or disrespectful behavior will not be tolerated and may result in dismissal from the program without a refund.
- **Silence:** A general atmosphere of calm is to be maintained. Silence (Mauna) may be required during meals and in the yoga hall.
- **Intellectual Property:** Course materials provided by the center are for personal use only and cannot be reproduced, sold, or distributed without express written consent.

5. Liability and Disclaimers

- **Assumption of Risk:** Participation in Yoga and Acupressure practices is voluntary and entirely at the participant's own risk. The center and its instructors are not liable for any injuries, health complications, or death that may occur.
- **No Medical Advice:** Instructors are not healthcare providers and are not qualified to diagnose medical conditions or prescribe treatment. The information and instruction provided are general in nature; students must consult their physician before starting any new practice.
- **Personal Property:** The center is not responsible for any loss or damage to personal belongings or valuables brought onto the premises.

6. Photo and Video Policy

- The center may take photographs or videos for promotional materials and internal use. Participants who wish not to be filmed or photographed must inform the course coordinator upon admission